

New Generation PRIDE

Pre-service Training for Resource Parents

Duration: Approximately 44 hours online and 15 hours in classroom.

Trainers: A Fairfax County Department of Family Services Social Service Specialist and a Resource Parent.

What will you learn?

- The challenges and rewards of being a resource family.
- The skills necessary to meet the needs of children in foster care.

Topics covered:

In Person

- **Session 1:** Connecting with FosterPRIDE/AdoptPRIDE
- **Session 2:** Protecting and Nurturing Children
- **Session 3:** Meeting Developmental Needs – Trauma, Loss, and Resilience
- **Session 4:** Supporting Family relationships
- **Session 5:** Making informed Decision

Online

- **Cluster 1:** The Child Welfare Team; Child Abuse and Neglect; Child Development.
- **Cluster 2:** Parent-Child Attachment; Understanding Children's Behaviors; Caring for Children Who Have Been Sexually Abused.
- **Cluster 3:** Working Together with Primary Families; Cultural Issues in Parenting; Trauma-Informed Parenting.
- **Cluster 4:** Reducing Family Stress; The Impact of Fostering on Birth Children of Foster Parents; From Foster Care to Adoption.

Visuals:

- Videos depicting real life situations to help you better understand what children and their families are experiencing.
- A panel made up of individuals with various experiences in the Child Welfare System, such as: young adults who were in foster care as children, adults who were adopted, current foster parents, and children of current foster parents.

Our goals:

- To deepen your understanding of how you manage trauma, change, loss, attachment, and children with self-esteem issues.
- To develop the skills necessary to:
 - Protect and nurture children.
 - Meet their developmental needs, and address their developmental delays.
 - Support the relationships between children and their birth families.
 - Connect children to safe and nurturing relationships intended to last a lifetime.
 - Work as a member of a professional team.